

daily activity schedule

monday		tuesday		wednesday	
9:00am	Stretch & Tone The Bay Club	8:00am	Ashtanga Yoga Rp 150.000++ per person The Bay Club	8:00am	Cycling Tour The Bay Club
10:00am	Resort Tour Meet at the Resort Center	9:00am	Stretch & Tone The Bay Club	9:00am	Stretch & Tone The Bay Club
11:00am	Aquacize Lagoon Pool	10:00am	Scuba Diving Training Lagoon Pool	10:00am	Garden Tour Meet at the Resort Center
12:00noon	The Food of Bali Rp 350.000++ per person Garden Café	11:00am	Aquacize Lagoon Pool	11:00am	Aquacize Lagoon Pool
2:00pm	Social Squash The Bay Club	2:00pm	Social Squash The Bay Club	2:00pm	Social Squash The Bay Club
3:00pm	Bocce Ball Lesson Water Sports Counter	3:00pm	Tennis Match Rp 65.000++ per person Tennis Courts	3:00pm	Bocce Ball Lesson Water Sports Counter
4:00pm	Kite Flying Beach	4:00pm	Beach Soccer Volleyball	4:00pm	Kite Flying Beach
5:00pm	Kick Boxing Rp 200.000++ per person The Bay Club	5:00pm	Energising Aerobics The Bay Club	5:00pm	Cocktail Class Rp 350.000++ per person Pesona Lounge
thursday		a different experience for everyday of the week		friday	
9:00am	Mat Pilates Rp 300.000++ per person The Bay Club			8:00am	Power Walk The Bay Club
10:00am	Scuba Diving Training Lagoon Pool			9:00am	Stretch & Tone The Bay Club
11:00am	Aquacize Lagoon Pool			10:00am	Garden Tour Meet at the Resort Center
12:00noon	Swiss Ball Rp 300.000++ per person The Bay Club			11:00am	Aquacize Lagoon Pool
2:00pm	Social Squash The Bay Club			2:00pm	Social Squash The Bay Club
3:00pm	Tennis Match Rp 65.000++ per person Tennis Courts			3:00pm	Bocce Ball Lesson Water Sports Counter
4:00pm	Beach Soccer Volleyball			4:00pm	Table Decoration & Setup Rp 150.000++ per person
5:00pm	Energising Aerobics The Bay Club			5:00pm	Energising Aerobics The Bay Club
saturday		sunday			
8:00am	Kick Boxing Rp 200.000++ per person The Bay Club	8:00am	Cycling Tour The Bay Club		
9:00am	Ashtanga Yoga Rp 150.000++ per person The Bay Club	9:00am	Stretch & Tone The Bay Club		
10:00am	Scuba Diving Training Lagoon Pool	10:00am	Garden Tour Meet at the Resort Center		
11:00am	Aquacize Lagoon Pool	11:00am	Aquacize Lagoon Pool		
12:00noon	Sambal Cooking Class Rp 350.000++ per person	2:00pm	Social Squash The Bay Club		
3:00pm	Tennis Match Rp 65.000++ per person Tennis Courts	3:00pm	Bocce Ball Lesson Water Sports Counter		
4:00pm	Beach Soccer Volleyball	4:00pm	Kite Flying Beach		
5:00pm	Energising Aerobics The Bay Club	5:00pm	Energising Aerobics The Bay Club		

Please note that operating hours may be changed without prior notice.

For reservations and information, please contact our Concierge at the lobby or our Activities Desk at the Resort Center on ext. 4